Summary Introduction to Palliative Care PPH 4061CE
(by the School of Public Health & Family Medicine)

The Introduction to palliative care has been developed as an e-learning course and will be presented by the Hospice Palliative Care Association and the University of Cape Town on the UCT Vula platform.

Each module requires 5 hours of teaching and learning. Each module is covered in a 2-week period. Start dates are planned for February, May, July and September. Candidates will complete the course within 4-month period.

Course content is presented using the following methods:

1) PowerPoint with voice-over to introduce the topic and concepts
2) Essential reading – articles, book chapters or handout summary of core topics
3) Videos relating to core concepts

Learning is assessed through MCQs and/or Extended Match Questions (EMQs) and contribution to the discussion forums.

Additional references are provided as resource material to assist learners to implement new knowledge and skills in the workplace.

Module 3 is a face-to-face learning activity conducted at hospice so that communication skills are learned through experiential learning with role play and feedback. The session utilizes case-based learning for communication skills and demonstrating application of ethical principles.

Course Content:

Module 1. Principles of Palliative Care
Module 2. Ethical Principles in Palliative Care
Module 3. Communication skills in Palliative Care; Breaking Bad News and Building Hope
Module 4. Pain Assessment and Management
Module 5. Symptom Management
Module 6. Psychosocial aspects of palliative care; family support
Module 7. Culture, Spirituality and Sexuality
Module 8. Teamwork, Care of the Caregiver and Resilience

Course Fees:
- Participants from South Africa: R 5500 per person
- Participants from other parts of Africa: R 6 500 per person
- International participants: R 8 000 per person